REGO PARK JEWISH CENTER BULLETIN

"And let them make for me a sanctuary that I may dwell among them." EXODUS 25:8

VOLUME 79 NO. 8

NISSAN / IYAR 5779

MAY 2019

Join Us in the Discussion of MUSSAR

Saturday, May 18th after services

Mussar is a Jewish spiritual practice that gives instructions on how to live a meaningful and ethical life. Mussar is virtue based ethics - based on the idea that by cultivating inner virtues, we improve ourselves. This is in contrast to most Jewish ethical teachings, which are rule-based. Today, a number of people who do not follow traditional Jewish rules and rituals are attracted to Mussar because it offers opportunities for personal transformation through a Jewish lens.

This is an on-going series of talks throughout the year and is presented by Rabbi Romiel Daniel.

Mussar will be discussed each month at our "Time to Study Torah" sessions.

Everyone is welcome.

A light lunch is served.

The May 18th discussion will be hosted by Elise Bornstein & Maria Duron

JOURNAL REMINDER

HOLD THE DATE!

Sunday, July 7, 2019 at 6:00 P.M.

Celebrate with us as we honor

SHIRLEY DECKER

& celebrate the 80th anniversary of Rego Park Jewish Center

Our Journal deadline is rapidly approaching. There are only a few weeks left until the June 2nd deadline.

Rego Park Jewish Center will be publishing a special 80th Anniversary Journal Book, which will also be available for viewing on our website. Both individuals and business can place ads of various sizes in the book. Any ads which you are responsible for - your own and any you solicit- are credited to you. When you reach a total of \$200 in ads, you will earn an invitation to the dinner. \$400 in ads earns you two invitations, etc.

Please plan on joining us at our Dinner on Sunday evening, July 7th as we honor Shirley Decker. It will be a delicious dinner plus music and dancing. The more people who come, the more festive it will be!!

We are grateful to those who have already responded. To those who have not yet done so, there is still time. Call the Center office for Journal forms and information.

REGO PARK JEWISH CENTER

97-30 Queens Boulevard, Rego Park, NY 11374 Telephone: (718) 459-1000 Fax: (718) 459-0431 Website: www.rpjc.org

Rabbi Romiel Daniel	Rabbi
Josiah Derby, M.A*	Rabbi Emeritus
Ruth Loewenstein	Chairman of the Board of Trustees
Rabbi Romiel Daniel	President

Sisterhood President Ruth Loewenstein

Sunday Breakfast Club & Learn-In President Rabbi Romiel Daniel

> Special Events Group Lee Lobel-Zwang

> > Yiddish Vinkel Pnina Lanxner

* deceased



The Rego Park Jewish Center Bulletin is published 9 times/year (Sept. - June)

FROM THE RABBI'S DESK

IYAR

"Iyar" is the second of the twelve months of the Jewish calendar. In the Bible, the month of Iyar is called the month of "*Ziv*" (radiance). Iyar is also cognate to light. The month of Iyar is commonly referred to as the month of (natural) healing, for its name is an acronym for "I am G-d your Healer" (Exodus 15:26).

Even though the Jewish calendar starts with Rosh Hashanah in the month of Tishrei, the Torah refers to Iyar—the eighth month from Tishrei—as the "second month." That's because the Torah counts months from Nissan, when we left Egypt. Any time the Torah refers to the "second month," it's talking about Iyar.

Like all the Jewish months, the name Iyar is Akkadian in origin, brought with the Jewish refugees from Babylon.

The name used in the Torah for this month is Ziv, a term that connotes glowing light. Now, in the springtime, there is an eruption of light and beauty as trees begin to bud and blossom.

Another reason for the name Ziv is that the forefathers, Abraham, Isaac and Jacob, were all born during the previous month of Nissan. Now, in the second month, their light and glow fill the entire world.

There is some debate as to how Iyar should be spelled in Hebrew, with one *yud* or with two. The accepted custom is to spell it with two *yuds*, serving as an acrostic for Abraham, Isaac (Yitzchak), Jacob (Yaakov) and Rachel, the patriarchs and matriarch associated with the supernal *merkavah*, a Kabbalistic understanding of the divine revelation in this world.

Another acrostic given for Iyar is the Biblical verse "*Ani Hashem Rofecha*"—"I am the Lord that heals you." Thus, Iyar is a month specially associated with recovery and healing. And what month could be more appropriate than one in which the world blossoms and grows anew!

While there are no major holidays in Iyar, there are many special days. Among them is Lag BaOmer, the 18th of Iyar and 33rd day of the Counting of the Omer, celebrated around the world as a day of Jewish pride and unity. It commemorates the end of a plague that afflicted the students of Rabbi Akiva, as well as the *yahrtzeit* of Rabbi Shimon bar Yochai, the author of the Zohar. Today, we commemorate the day with public parades of Jewish pride, bonfires and the study of these great sages' works.

Iyar is the only month of the year in which there is a mitzvah every single day of the month! Every day of Iyar, we count the Omer, the special counting that starts on the second day of Passover, when an offering of barley (*omer*) was brought, and culminates with the holiday of Shavuot.

Have a great month!

Rabbi Romiel Daniel

MAY BIRTHDAYS

George Godfried Leonor Herbst Peter Landes Charles Lehat Ruth Loewenstein Allan Morrin Mildred Pelton Agnes Posner Elaine Spodick Ava Wand



MAYANNIVERSARIES

Rabbi Romiel & Noreen Daniel Robin & Mark Hochberg Sandy & Martin Novzen



<u>REFUAH SHELEIMAH</u>

Rachel Kacenelenbogen Allan Morrin Florence Most

Thank you for praying while my husband, Randy M. Schiffman, was ill.

Special thanks to Ruth Kaplan, Ruth Loewenstein and Rabbi Donald Weinberg for your kind support.

Rhina Schiffman

To the congregation at Rego Park Jewish Center -

Thank you for your concern for my health and recovery. I really appreciated your cards, telephone calls, prayers and donations to Rego Park Jewish Center in my name.

> Sincerely, Mark Hochberg

MAZAL TOV

Mazal Tov to Malka Gross on the birth of her grandson Nathaniel Jacob Gross on March 11, 2019. Nathaniel is the son of Kevin & Pattie Gross and is the brother of Sammy & Elijah.

<u>MANY THANKS TO THE FOLLOWING</u> <u>FOR SPONSORING A</u> <u>CONGREGATIONAL KIDDUSH</u> <u>OR "TIME TO STUDY TORAH"</u> <u>LUNCHEON</u>

Thank you to Carol Stoller, who sponsored the "Time to Study Torah" - Mussar Study luncheon on April 6, 2019.

<u>A SPECIAL THANK YOU</u>

Special thanks to Charles Lehat, Anne Levner, Ruth Loewenstein, Jack Siegel, Ray & Ed Starer, Ruthe Unger, Lynne Zakoff, and Rabbi & Noreen Daniel for delivering Shalach Manos packages to so many of our ill and homebound members and friends. It was greatly appreciated.

Thank you to Joyce Fefferman for the flowers adorning our sanctuary on Passover.

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FOCUS ON SISTERHOOD



"And the Lord said, 'And you shall count, from the day after Pesach, seven weeks, until you number 50 days."

Leviticus 23:6 - 17

This is the time of the counting of the Omer. Our Torah states, "And you shall count for yourself..." Each of us must understand that it is a Mitzvah to count each individual day of the Omer, and that the counting must not be done by rote or as an obligation. Rather, the counting is to be taken as a sign of our understanding to appreciate each day - to make each day count - and to undertake to improve ourselves each day so that we are prepared for and worthy of the *Brit* that our ancestors bequeathed to us.

The month of Iyar is full of remembrances, celebrations and dedications. The 4th of Iyar (May 9th) is Yom Ha'Atzmaut (Israel Independence Day); Sunday, May 12th is Mother's Day when we are honored, celebrated and in turn honor and remember our mothers, grandmothers, etc. The 18th of Iyar (May 23) is Lag B'Omer; Monday, May 27th is Memorial Day, when we remember all those who fought to defend us and our country. Then, at the end of the month we come closer to the end of our counting and approach the month of Sivan and the Festival of Shavu'ot.

Some of us have been privileged to attend Rabbi Daniel's Sunday morning class on "The Ethics of the Fathers." At Jewish gatherings we are offered words of wisdom - from the Bible, Talmud and Midrash. Most are the formulations and utterances of men. Only in modern times have Jewish women joined the ranks of those who impart wise insight and pithy aphorisms – urging praiseworthy thought and behavior, delivered in a contemporary idiom, often addressing the particular needs and concerns of women.

How fortunate are we that Women's League for Conservative Judaism has created a "*Pirkei Imahot*" "*The Wisdom of Our Mothers*." Thus, do come to our meeting on <u>Monday, May 13th</u>, and meet the "*Pirkei Imahot - Sayings of the Mothers*." These "*divrei hokkhmah - words of wisdom & learning*" are quotes by contemporary Jewish women as they address a variety issues that we confront daily as Jewish women, as mothers, daughters, colleagues, and friends, as members of synagogues, sisterhoods, organizations, etc. We will be inspired by a group of *Imahot* - some famous, some not so well known. We shall give you a short bio of each and then for each selection there are her questions/quotes which will spark our discussions. There are no right or wrong answers but only <u>your</u> answer which will increase our interests and discussions - I do believe that these discussions will be very energizing! Just a hint to spark your interest: among the *Imahot* are Golda Meir, Hannah Arendt, and Betty Friedan. Bring a dairy sandwich or yogurt and we shall provide coffee and cake.

Don't forget that it's Journal time - this is the most important fundraiser that we have and it is most critical that you show your congratulations/honor/ devotion/commitment first of all to our Guest of Honor, Shirley Decker on the occasion of her 101st birthday, and secondly to the Rego Park Jewish Center on the occasion of our 80th Anniversary - a very auspicious age - and we must be grateful for all that has been offered to us over the years. Please get ads, and also make sure your personal ad is included. Don't forget to include the Grandchildren, Great Grandchildren, Nieces & Nephews, as well as the separate page which pays honor to your Mothers and Grandmothers. All of these will go towards your goal of at least \$200 towards your attendance at our magnificent Dinner at Da Mikelle on July 7th, 2019

It's Aviv - Springtime - & those of you who are ailing or not well - we wish you a full recovery and come and join us!! You'll feel better!!

> Shalom V'L'Hitra'ot Ruth Loewenstein

SPECIAL EVENTS GROUP NEWS - REVIEWS

Lee Lobel-Zwang, Coordinator

TIME TO STUDY TORAH & MUSSAR

SATURDAY, MAY 18th at 12:30 P.M.

PARASHAT EMOR 21.1 - 24.23

Obligations and Standards of Conduct

Moses instructed the priests of Israel to inform the people in G-d's laws for the observances of Holy Days -Sabbath, the new moons, holy oil and bread baked from special flour brought to the tent of meeting. None shall defile himself for any dead person among his kin. Don't shave the smooth part of their heads or cut the growth of their beards or no gashes in their flesh. Do not marry a woman harlot or one divorced from her husband since they offer the food of your G-d.

The Fixed Time of the Lord

Work six days, on the seventh day, complete rest. In the first month, the 14th day of the month at twilight, there shall be a Passover offering to the Lord, eat unleavened bread for seven days - the day after the Sabbath count seven weeks. When reaping the harvest of your land, leave the edges for the poor. If anyone kills a human being, he shall be put to death. Life for a life - eye for eye - tooth for tooth - one standard for stranger and citizen alike.

HAFTARAT EZEKIEL 44.15 - 44.31

"The levitical priests descended from Zadok. They maintained the service of My sanctuary when the people of Israel went astray from Me - approach Me to minister to Me. Declare to My people what is sacred, profane, clean, unclean - the meal, sin, guilt offerings shall be consumed by them in Israel. All choice first fruits shall go to the priests, that a blessing may rest upon your home."

Presenters: Rabbi Romiel Daniel & Charles Lehat Hosted by: Elise Bornstein & Maria Duron

THE KNITTING CIRCLE

invites you, your friends & neighbors for a pleasurable afternoon

KNITTING & CROCHETING

with

Pnina Lanxner, Chairperson

THURSDAY, MAY 9TH 1:00 P.M.

Come, meet new people, feel at home in our friendly group. Together we will make beautiful items for all seasons. Bring your needles and materials. Everyone welcome. \$2.00 - includes refreshments.

Note: Please call 718-459-1000 the morning of to confirm that the Knitting Circle will be meeting.



SUNDAY BREAKFAST CLUB & LEARN-IN WITH THE RABBI

While heralding spring and new beginnings, recent Sundays have found us going back thousands of years to explore Pirkei Avot (Ethics of our fathers). This guide to leading a meaningful, productive life incorporates the teachings of our most brilliant and renowned Jewish sages.

Following are some of the powerful admonitions from Chapter I, discussed in depth during breakfast.

- Study Torah and practice its teachings. Don't study alone. Find a teacher or true friend for discussion.
- Let your house be open to strangers. Not only to feed the poor, but for those lacking Torah knowledge.
- Find good in a person. Associate with the virtuous. Shun bad neighbors.
- Say little. Do much. Don't preach. Silence is the most important thing. Excessive speech leads to sin.
- Love work. Loathe status. Don't boast.
- The world is established on three principles Truth, Justice and Peace. Without law, civilization will end.

Please join us as we continue our study of this important topic.

Elaine Spodick

YIDDISH VINKEL

Revive your Yiddish. Our Yiddish Vinkel meets most Wednesday afternoons at 1:00 P.M. We speak Yiddish, read Yiddish stories and poems and sing Yiddish songs. Coffee and delicious danish are served. So come, enjoy warm friendship and have "fargeneegen."

Please note: depending on weather conditions, Yiddish Vinkel may not be meeting each and every Wednesday afternoon. Please phone the Center office on Wednesday mornings after 10:00 A.M. to confirm if Yiddish Vinkel will be meeting that day.

> Pnina Lanxner Yiddish Vinkel President

<u>SPONSOR OR CO-SPONSOR</u> <u>A KIDDUSH</u>

Consider sponsoring or co-sponsoring a Shabbat kiddush! This is a wonderful opportunity to mark the observance of important events such as a yahrzeit or a simcha. Note: It does not have to be one person only. It could be two or three people getting together to sponsor a kiddush. But most importantly, we get together, we take the time to create new friendships and to enjoy existing ones.

Please contact the Center office for more information.

May 2019 NISSAN / IYAR 5779

Sun	Mon	Tue	Wed	Thu	Fri	Sat
B.B. = BIRTHDAY BLESS B.C.L.I. = BREAKFAST & LEARI B.D. = BOOK DISCUSSIO C.L. = CANDLE LIGHTIN E.S. = EVENING SERVIC M.S. = MORNING SERVI N.E.S. = NO EVENING S	CLUB R.C. = RAB N IN S.D. = SING ON SIST. = SIS G S.E. = SHA IE T.S. = TIME CE Y.V. = YIDD	GLES DANCE STERHOOD BBAT ENDS TO STUDY TORAH	<i>1</i> 26 NISSAN N.M.S. Y.V. 1:00 P.M. E.S. 6:15 P.M. R.C. 6:30 P.M.	2 27 NISSAN M.S. 7:00 A.M. N.E.S. YOM HASHOAH	3 28 NISSAN N.M.S. E.S. 6:30 P.M. C.L. 7:36 P.M.	4 29 NISSAN M.S. 9:00 A.M. B.B. E.S. 7:45 P.M. S.E. 8:40 P.M. <i>"ACHAREI MOT"</i>
5 30 NISSAN	6 1 IYAR	7 2 IYAR	8 3 IYAR	9 4 IYAR	10 5 IYAR	11 6 IYAR
M.S. 8:45 A.M. B.C.L.I. 9:30 A.M. N.E.S.	M.S. 7:00 A.M. N.E.S.	N.M.S. N.E.S.	N.M.S. Y.V. 1:00 P.M. E.S. 6:15 P.M. R.C. 6:30 P.M.	M.S. 7:00 A.M. KNITTING 1:00 PM N.E.S.	N.M.S. E.S. 6:30 P.M. C.L. 7:43 P.M.	M.S. 9:00 A.M. E.S. 7:45 P.M. S.E. 8:48 P.M.
ROSH CI	HODESH			YOM HA'ATZMAUT		"KEDOSHIM"
12 7 IYAR	13 8 IYAR	14 9 IYAR	15 10 IYAR	16 11 IYAR	17 12 IYAR	18 13 IYAR
M.S. 8:45 A.M. N.E.S.	M.S. 7:00 A.M. SIST. 12:15 P.M. N.E.S.	N.M.S. N.E.S.	N.M.S. Y.V. 1:00 P.M. E.S. 6:15 P.M. R.C. 6:30 P.M.	M.S. 7:00 A.M. N.E.S.	N.M.S. E.S. 6:30 P.M. C.L. 7:56 P.M.	M.S. 9:00 A.M. T.S. 12:30 P.M. E.S. 8:00 P.M. S.E. 8:56 P.M.
MOTHER'S DAY						<i>"EMOR"</i>
19 14 IYAR	20 15 IYAR	21 16 IYAR	22 17 IYAR	23 18 IYAR	24 19 IYAR	25 20 IYAR
M.S. 8:45 A.M. B.C.L.I. 9:30 A.M. N.E.S.	M.S. 7:00 A.M. N.E.S.	N.M.S. N.E.S.	N.M.S. Y.V. 1:00 P.M. E.S. 6:15 P.M. R.C. 6:30 P.M.	M.S. 7:00 A.M. N.E.S.	N.M.S. E.S. 6:30 P.M. C.L. 7:56 P.M.	M.S. 9:00 A.M. E.S. 8:00 P.M. S.E. 9:04 P.M.
				LAG B'OMER		"BEHAR"
26 21 IYAR	27 22 IYAR	28 23 IYAR	29 24 IYAR	30 25 IYAR	31 26 IYAR	
M.S. 8:45 A.M. B.C.L.I. 9:30 A.M. N.E.S.	M.S. 8:45 A.M. N.E.S.	N.M.S. N.E.S.	N.M.S. Y.V. 1:00 P.M. E.S. 6:15 P.M. R.C. 6:30 P.M.	M.S. 7:00 A.M. N.E.S.	N.M.S. E.S. 6:30 P.M. C.L. 8:02 P.M.	
	MEMORIAL DAY					

ACKNOWLEDGEMENTS

YAHRZEIT FUND

Jack Alkana, in memory of father Joseph Alkana. Meryl Colman, in memory of husband Harry Colman. Reuben Ezra, in memory of mother Victoria Ezra. Ruth Kaplan, in memory of mother Mina. Martin Novzen, in memory of father Abraham Novzen. Frances Rotkopf, in memory of mother Sylvia. Sidney Rubin, in memory of sister Gussie. Ruthe Unger, in memory of brother Murray. Ira Werner, in memory of father Shephard Werner.

<u>MEMORIAL FUND</u>

Reuben Ezra, in memory of Eugene Grozinger. Ruth Kaplan & family, in memory of Selma Schiffman.

Rochelle Wasserman, in memory of Eugene Grozinger.

<u>REFUAH SHELEIMAH</u>

Robin & Mark Hochberg, for the recovery of Joyce Fefferman.

Robin & Mark Hochberg, for the recovery of Rachel Kacenelenbogen.

Robin & Mark Hochberg, for the recovery of Hilda Kalfus.

GENERAL DONATIONS

Lorraine Carroll, in honor of opening the ark on Shabbat.

Francine Glickfeld, in honor of closing the ark on Shabbat.

Susan Goldschmidt, in honor of reading prayer on Shabbat.

Mark Hochberg, in honor of aliyah on Purim.

Mark Hochberg, in honor of aliyah on Shabbat.

Mark Hochberg, with thanks for the Purim package.

Jeanette Mildner, with thanks for the Purim package.

Rhina Schiffman, with special thanks to Ruth Kaplan for her kind support.

Rhina Schiffman, with special thanks to Ruth Loewenstein for her kind support.

Rhina Schiffman, with special thanks to Rabbi Donald Weinberg for his kind support.

Rochelle Wasserman, in honor of opening the ark on Shabbat.

Mel Weiss, with thanks for the Purim package.

A NOTE FROM THE EDITOR

Donations received by the Center office after April 16th will be listed in the June Bulletin.



In Memoriam



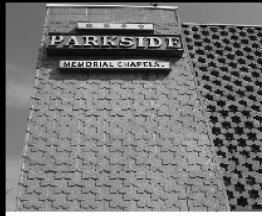
The members listed below will observe Yahrzeit as indicated. Yahrzeit candles should be lit the night before. Schedule of service elsewhere in this Bulletin. Please help ensure a Minyan by attending services Please note: there are no morning services on Tuesdays, Wednesdays and Fridays, unless it is Rosh Chodesh, a special holiday or - if there is a yahrzeit. If you have a yahrzeit which falls on a Tuesday, Wednesday or Friday morning, Please inform Rabbi Daniel if you would like to have services.

Thursday, May 2nd Frances Rotkopf - Mother Ira Hochman - Brother Saturday, May 4th Jack Alkana - Father Tuesday, May 7th Seymour Weber - Father Thursday, May 9th Meryl Colman - Mother Friday, May 10th Zivan Zabar - Mother Saturday, May 11th Joyce Fefferman - Father John Landes - Mother Peter Landes - Mother Seymour Weber - Brother in law Sunday, May 12th Abe Miller - Father in law Joel Herbst - Father **Tuesday, May 14th** Mildred Pelton - Husband

Wednesday, May 15th Reuben Ezra - Uncle Jack Siegel - Father Thursday, May 16th Ed Starer - Mother Saturday, May 18th Charles Lehat - Father Lee Lobel-Zwang - Son Wednesday, May 22nd Florence Cohen - Brother Hilda Kalfus - Husband Thursday, May 23rd Ida Shapiro - Brother Saturday, May 25th Mark Hochberg - Grandmother Sunday, May 26th Hedy Rothschild - Mother in law Jerrey Adler - Father Agnes Posner - Husband Monday, May 27th Sandy Novzen - Mother Wednesday, May 29th Sheila Sasmor - Father







PARKSIDE MEMORIAL CHAPEL

has been the Funeral Director for the Rego Park Jewish Center for 50 years. We are both your neighbor and family and very proud of our long standing relationship.

We can be reached 24 hours a day, 7

days a week at 98-60 Queens Boulevard in Rego Park.

(718) 896-9000

Stop by sometime to discuss pre-arranging a funeral or to get a Yahrzeit Calendar or to answer any question you might have. OUR JEWISH FAMILY IS HERE TO HELP YOUR FAMILY Rego Park Jewish Center 97-30 Queens Blvd Rego Park, NY 11374



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